1  
00:00:02,060 --> 00:00:02,860  
好同学们  
  
2  
00:00:02,940 --> 00:00:03,900  
咱们继续讲  
  
3  
00:00:05,970 --> 00:00:08,010  
产后，刚才说了一半啊  
  
4  
00:00:09,210 --> 00:00:10,250  
下面这个条文呢  
  
5  
00:00:10,570 --> 00:00:16,370  
原文第八条羊蛋汤条文是这么说的  
  
6  
00:00:16,730 --> 00:00:17,370  
产后丰  
  
7  
00:00:19,550 --> 00:00:20,630  
什么叫产后风啊  
  
8  
00:00:20,950 --> 00:00:26,580  
那么伤寒论以风寒二协作为一个主线  
  
9  
00:00:28,000 --> 00:00:33,080  
风指的是与风相关的外斜  
  
10  
00:00:34,330 --> 00:00:36,850  
产后受风之后续肢怎么样呢  
  
11  
00:00:37,770 --> 00:00:38,850  
数10日不解  
  
12  
00:00:41,900 --> 00:00:42,940  
胃痛恶寒  
  
13  
00:00:43,380 --> 00:00:46,060  
时时有热，心下闷干呕汗出  
  
14  
00:00:46,740 --> 00:00:48,380  
那么这个几个症啊  
  
15  
00:00:48,420 --> 00:00:49,740  
后世总结了一下  
  
16  
00:00:51,190 --> 00:00:52,030  
发现一个问题  
  
17  
00:00:52,950 --> 00:00:54,430  
额，除了心下闷呢  
  
18  
00:00:54,790 --> 00:00:56,950  
那么剩几个你一捋  
  
19  
00:00:57,110 --> 00:00:58,670  
你发现是个啥证啊  
  
20  
00:01:01,560 --> 00:01:03,480  
太阳中风，阳浮而阴弱是吧  
  
21  
00:01:04,879 --> 00:01:05,800  
阳浮者热自发  
  
22  
00:01:07,200 --> 00:01:09,000  
唉，后头大家都会是吧  
  
23  
00:01:10,090 --> 00:01:12,450  
呃，所谓发热汗出恶风脉缓啊  
  
24  
00:01:13,530 --> 00:01:14,370  
鼻鸣干呕嘛  
  
25  
00:01:14,410 --> 00:01:17,090  
那么这个基本上都别无二致  
  
26  
00:01:19,170 --> 00:01:21,570  
虽久羊膻症需在  
  
27  
00:01:21,650 --> 00:01:23,970  
那么这个就名曰羊  
  
28  
00:01:23,970 --> 00:01:25,770  
但正可与什么汤呢  
  
29  
00:01:25,770 --> 00:01:27,010  
叫羊蛋汤，可惜  
  
30  
00:01:28,200 --> 00:01:28,960  
可惜啥呀  
  
31  
00:01:30,440 --> 00:01:33,960  
汤失传了，这个谁也没看着杨蛋汤长啥样  
  
32  
00:01:34,800 --> 00:01:35,760  
所以这个里头呢  
  
33  
00:01:36,840 --> 00:01:38,200  
呃，就有争议  
  
34  
00:01:39,740 --> 00:01:40,420  
说法不一样  
  
35  
00:01:40,460 --> 00:01:44,180  
你像比如说我们梅花本后头有小字这么注释的  
  
36  
00:01:44,260 --> 00:01:45,740  
记桂枝汤啊  
  
37  
00:01:47,080 --> 00:01:49,200  
在夏利夏利那里头有啊  
  
38  
00:01:49,520 --> 00:01:50,240  
夏利里头有  
  
39  
00:01:50,240 --> 00:01:52,520  
实际上实际上金柜里都有羊蛋啊  
  
40  
00:01:52,560 --> 00:01:53,720  
伤寒论里正向阳  
  
41  
00:01:53,720 --> 00:01:55,640  
但暗法制止增增句，对吧  
  
42  
00:01:55,920 --> 00:01:56,120  
哎  
  
43  
00:01:56,120 --> 00:01:57,800  
有原文，呃  
  
44  
00:01:58,460 --> 00:02:01,060  
但是方确实现在就是存疑了  
  
45  
00:02:01,060 --> 00:02:03,820  
你谁也不敢说杨弹堂它到底到底是啥  
  
46  
00:02:04,610 --> 00:02:09,289  
呃几家的观点，比如说孙真人认为羊蛋汤应该做什么呢  
  
47  
00:02:09,330 --> 00:02:10,530  
桂枝汤加黄芪  
  
48  
00:02:11,630 --> 00:02:12,670  
也有观点啊  
  
49  
00:02:12,830 --> 00:02:16,710  
或曰说桂枝汤增桂二两加附子一枚  
  
50  
00:02:17,620 --> 00:02:18,780  
呃，当然了  
  
51  
00:02:19,380 --> 00:02:21,940  
随着辅行诀的出现，对吧  
  
52  
00:02:22,380 --> 00:02:22,580  
哎  
  
53  
00:02:22,580 --> 00:02:24,300  
那辅行诀中大家发现羊蛋汤  
  
54  
00:02:25,170 --> 00:02:27,870  
它也分大小啊  
  
55  
00:02:28,030 --> 00:02:30,750  
小羊蛋呢，就是桂枝汤这个  
  
56  
00:02:30,990 --> 00:02:32,710  
所以从思路上来看啊  
  
57  
00:02:32,950 --> 00:02:34,470  
它告诉我们什么  
  
58  
00:02:35,680 --> 00:02:37,640  
你就记住一个事啊  
  
59  
00:02:38,400 --> 00:02:39,360  
细节咱不抠了  
  
60  
00:02:39,360 --> 00:02:40,240  
咱就抠一个事  
  
61  
00:02:40,760 --> 00:02:41,960  
咱也不是搞训估的  
  
62  
00:02:41,960 --> 00:02:43,120  
咱就是为了治病  
  
63  
00:02:44,460 --> 00:02:45,500  
产妇中风  
  
64  
00:02:45,900 --> 00:02:49,760  
大家要重视桂枝汤的运用啊  
  
65  
00:02:49,760 --> 00:02:52,640  
你千万要明白产后、产后的这个风  
  
66  
00:02:53,240 --> 00:02:55,720  
一定要注重桂枝汤的应用  
  
67  
00:02:56,470 --> 00:02:56,670  
呃  
  
68  
00:02:56,750 --> 00:02:57,470  
老话嘛  
  
69  
00:02:57,510 --> 00:02:59,150  
所谓产前忌热  
  
70  
00:03:00,070 --> 00:03:01,470  
产后忌寒啊  
  
71  
00:03:01,470 --> 00:03:01,990  
你不能  
  
72  
00:03:02,760 --> 00:03:06,320  
富人刚刚生产完之后，好了  
  
73  
00:03:07,030 --> 00:03:08,950  
怕上火，来点夏枯草吧  
  
74  
00:03:09,030 --> 00:03:09,350  
对吧  
  
75  
00:03:09,350 --> 00:03:11,950  
金银花不是不能用咱们讲啊  
  
76  
00:03:11,950 --> 00:03:13,550  
你得看脉是不是啊  
  
77  
00:03:14,020 --> 00:03:15,660  
如果是虚寒之象  
  
78  
00:03:16,060 --> 00:03:17,990  
如果有风相，哎  
  
79  
00:03:17,990 --> 00:03:21,430  
那么这个里头桂枝类方的应用要重视啊  
  
80  
00:03:21,550 --> 00:03:24,470  
其实这个一张已经失传的羊蛋汤  
  
81  
00:03:24,630 --> 00:03:29,480  
我们并不能学到学到一个新的方子啊  
  
82  
00:03:29,680 --> 00:03:31,120  
太阳之下无旧事  
  
83  
00:03:31,640 --> 00:03:33,480  
咱们琢磨琢磨它的道理啊  
  
84  
00:03:33,560 --> 00:03:34,400  
知所先后  
  
85  
00:03:34,800 --> 00:03:39,390  
那么你也能知道产后这种中风大体的治疗原则  
  
86  
00:03:40,390 --> 00:03:41,710  
这一条也就够用了  
  
87  
00:03:42,750 --> 00:03:42,950  
好  
  
88  
00:03:42,990 --> 00:03:44,270  
我们接着往下看  
  
89  
00:03:45,220 --> 00:03:46,340  
原文，第九条呢  
  
90  
00:03:46,380 --> 00:03:49,660  
是一个很经典的方竹叶汤  
  
91  
00:03:50,740 --> 00:03:52,540  
竹叶汤其实治的是什么啊  
  
92  
00:03:53,640 --> 00:03:55,640  
就是我总结一下吧  
  
93  
00:03:55,640 --> 00:03:59,850  
其实他就是产后重寒兼有虚热啊  
  
94  
00:03:59,890 --> 00:04:01,490  
总结下来就非常的简单  
  
95  
00:04:01,490 --> 00:04:04,810  
我这一句话就说清了产后能重寒吗  
  
96  
00:04:05,290 --> 00:04:07,920  
但是重寒如果是寒项，怎么办  
  
97  
00:04:08,000 --> 00:04:08,360  
对吧  
  
98  
00:04:08,360 --> 00:04:11,120  
如果中寒之后它是一个寒象的底子  
  
99  
00:04:11,600 --> 00:04:15,430  
他又见到了一个虚热的样子，该怎么办  
  
100  
00:04:15,590 --> 00:04:17,870  
那就竹叶汤是干这个的啊  
  
101  
00:04:18,990 --> 00:04:20,269  
原文是这么说的  
  
102  
00:04:20,670 --> 00:04:21,990  
产后怎么着呢  
  
103  
00:04:23,570 --> 00:04:25,130  
中风是吧  
  
104  
00:04:25,130 --> 00:04:28,930  
产后中风发热，面正赤  
  
105  
00:04:30,380 --> 00:04:32,220  
那么我们说产后中风发热  
  
106  
00:04:32,220 --> 00:04:34,260  
这个里头其实你还看不出来寒热吧  
  
107  
00:04:34,980 --> 00:04:35,620  
咱们说中风  
  
108  
00:04:35,620 --> 00:04:39,920  
本来他虽为这个阴寒之邪啊  
  
109  
00:04:39,960 --> 00:04:43,560  
但是它相对来说吧  
  
110  
00:04:43,680 --> 00:04:45,640  
他有这个表热呢  
  
111  
00:04:47,200 --> 00:04:49,160  
那么也不说明啥问题  
  
112  
00:04:49,400 --> 00:04:51,560  
你也不能说它里头没没有含项  
  
113  
00:04:52,740 --> 00:04:55,460  
面正赤，这个有点意思  
  
114  
00:04:55,780 --> 00:04:58,420  
面正赤他一定就是热相是不是啊  
  
115  
00:04:58,940 --> 00:04:59,140  
哎  
  
116  
00:04:59,140 --> 00:05:01,260  
咱们在伤寒阳明里头  
  
117  
00:05:01,420 --> 00:05:03,260  
咱们也是看到这个问题  
  
118  
00:05:03,420 --> 00:05:05,300  
脸通红红扑扑的啊  
  
119  
00:05:05,860 --> 00:05:07,020  
那为什么脸通红  
  
120  
00:05:07,990 --> 00:05:08,190  
哎  
  
121  
00:05:08,670 --> 00:05:11,550  
那么头面为阳明之所循行  
  
122  
00:05:12,070 --> 00:05:14,820  
那这个位置红证明什么啊  
  
123  
00:05:14,860 --> 00:05:17,820  
证明这个时候你要引起注意啊  
  
124  
00:05:17,940 --> 00:05:18,660  
引起注意了  
  
125  
00:05:19,100 --> 00:05:19,300  
哎  
  
126  
00:05:19,300 --> 00:05:23,780  
那么这个时候它有热喘而头痛是吧  
  
127  
00:05:25,740 --> 00:05:26,140  
那么  
  
128  
00:05:27,930 --> 00:05:29,290  
归而总结啊  
  
129  
00:05:29,370 --> 00:05:34,130  
我认为呃，清代医家邹润安先生这一段  
  
130  
00:05:34,290 --> 00:05:36,090  
他的理解非常的深刻  
  
131  
00:05:36,660 --> 00:05:38,100  
邹师说这么一番话啊  
  
132  
00:05:38,100 --> 00:05:40,220  
就是关于这个条文的机理  
  
133  
00:05:40,260 --> 00:05:44,020  
邹师说这么一番话，叫阳无根而上  
  
134  
00:05:44,020 --> 00:05:45,830  
犯啥意思  
  
135  
00:05:46,830 --> 00:05:48,950  
那么人体的元阳啊  
  
136  
00:05:49,710 --> 00:05:50,310  
正常呢  
  
137  
00:05:50,790 --> 00:05:54,250  
居于我们说呃，下缘是不是啊  
  
138  
00:05:54,850 --> 00:05:56,570  
但是他无根之后呢  
  
139  
00:05:56,730 --> 00:05:58,090  
这个元阳就往上飘  
  
140  
00:05:59,360 --> 00:06:00,160  
漂完之后  
  
141  
00:06:00,240 --> 00:06:04,970  
后续邹氏又说了一句话，叫复为阴疫所累  
  
142  
00:06:05,130 --> 00:06:06,890  
我们说异火之源，以消阴翳嘛  
  
143  
00:06:06,890 --> 00:06:07,170  
对吧  
  
144  
00:06:07,490 --> 00:06:10,290  
那么这个阳无根而上泛泛上来了吧  
  
145  
00:06:10,830 --> 00:06:14,910  
又被上头的音译给拽住了  
  
146  
00:06:15,390 --> 00:06:16,470  
给堵住了啊  
  
147  
00:06:16,470 --> 00:06:19,110  
人家的原话叫复为音译所累  
  
148  
00:06:20,220 --> 00:06:22,180  
那这个就很形象了  
  
149  
00:06:22,860 --> 00:06:25,540  
所以说这个条文简而言之  
  
150  
00:06:25,910 --> 00:06:27,550  
就是我刚才给大家说的那句话  
  
151  
00:06:27,990 --> 00:06:29,190  
竹叶汤是干啥的  
  
152  
00:06:29,430 --> 00:06:30,710  
他治的就是产后重寒  
  
153  
00:06:30,750 --> 00:06:31,430  
但是有虚热  
  
154  
00:06:31,670 --> 00:06:33,390  
这是从表面上来看对不对啊  
  
155  
00:06:33,890 --> 00:06:35,210  
它的深层逻辑就是  
  
156  
00:06:35,210 --> 00:06:37,770  
为什么他中寒之后反而就有虚热  
  
157  
00:06:38,450 --> 00:06:39,170  
原因很简单  
  
158  
00:06:39,370 --> 00:06:40,690  
阳气没根儿往上跑  
  
159  
00:06:41,540 --> 00:06:45,940  
跑到上头被阴寒怎么样啊，给堵上了  
  
160  
00:06:46,500 --> 00:06:48,900  
堵上了之后，阳气就变成玉玉阳了吧  
  
161  
00:06:49,490 --> 00:06:50,810  
这个热就变成预热了  
  
162  
00:06:50,810 --> 00:06:56,630  
所以它里头既有这个阳气不能回敛之之象  
  
163  
00:06:56,710 --> 00:06:57,470  
里头有阳虚  
  
164  
00:06:58,150 --> 00:07:01,830  
那么外头又有一种因为阳虚造成的什么东西啊  
  
165  
00:07:02,150 --> 00:07:02,630  
风热  
  
166  
00:07:03,680 --> 00:07:03,920  
哎  
  
167  
00:07:04,000 --> 00:07:06,040  
那么这个就是竹叶汤的呃  
  
168  
00:07:06,160 --> 00:07:07,560  
内内涵，呃  
  
169  
00:07:07,680 --> 00:07:08,160  
竹叶汤  
  
170  
00:07:08,280 --> 00:07:10,600  
其实这个汤症，你从这个角度看啊  
  
171  
00:07:11,000 --> 00:07:13,880  
临床中其实是挺常见的啊  
  
172  
00:07:13,920 --> 00:07:15,120  
这个人，呃  
  
173  
00:07:15,120 --> 00:07:17,760  
尤其在现代的临床环境之中  
  
174  
00:07:18,560 --> 00:07:20,320  
我们说现在临床环境啥样啊  
  
175  
00:07:20,320 --> 00:07:20,760  
那么人  
  
176  
00:07:21,360 --> 00:07:24,170  
你看现在人几点睡觉，睡的本身就晚  
  
177  
00:07:24,370 --> 00:07:26,850  
咱们说阳气不足，没事吃点冷饮对吧  
  
178  
00:07:27,290 --> 00:07:29,050  
哎，吃点生冷海鲜水果呀  
  
179  
00:07:29,050 --> 00:07:29,850  
这不断溜  
  
180  
00:07:30,470 --> 00:07:31,790  
呃，这么一弄之后呢  
  
181  
00:07:31,790 --> 00:07:34,950  
再加上呃妄想，杂念也比较多  
  
182  
00:07:35,400 --> 00:07:36,520  
也不保全精气  
  
183  
00:07:37,000 --> 00:07:40,400  
那么在这种时候很容易阳气就往外跑  
  
184  
00:07:41,000 --> 00:07:41,840  
跑了之后呢  
  
185  
00:07:42,680 --> 00:07:44,520  
咱们北方还好很多  
  
186  
00:07:44,520 --> 00:07:45,200  
尤其是东北  
  
187  
00:07:45,440 --> 00:07:47,280  
你看咱们这夏天是吧  
  
188  
00:07:48,160 --> 00:07:49,440  
在下周端午节了吧  
  
189  
00:07:50,490 --> 00:07:50,690  
哎  
  
190  
00:07:50,810 --> 00:07:54,610  
现在你看我穿着这个衬衫我都不觉得热啊  
  
191  
00:07:54,650 --> 00:07:56,690  
就是呃，很凉爽啊  
  
192  
00:07:56,690 --> 00:07:59,810  
北方很凉爽，南方不行啊  
  
193  
00:07:59,810 --> 00:08:04,770  
你说这个季节真的那没空调，你能行吗  
  
194  
00:08:04,930 --> 00:08:06,090  
咱们就说这个道理啊  
  
195  
00:08:07,710 --> 00:08:11,270  
里头这这点阳气，我们说本来就虚寒  
  
196  
00:08:12,150 --> 00:08:13,270  
阳气往上一跑  
  
197  
00:08:14,250 --> 00:08:17,050  
外头空调啪，明白啥意思没有  
  
198  
00:08:17,330 --> 00:08:19,450  
把那点跑上那点氧气给它闭上了  
  
199  
00:08:19,650 --> 00:08:20,450  
给他锁上了  
  
200  
00:08:20,890 --> 00:08:25,850  
所以里头根阳虚，外头又是一个热象  
  
201  
00:08:26,930 --> 00:08:28,690  
跟现代人体质很符合吧  
  
202  
00:08:29,290 --> 00:08:29,490  
哎  
  
203  
00:08:29,490 --> 00:08:31,170  
所以这个方你临床上啊  
  
204  
00:08:31,410 --> 00:08:32,610  
你把它理解好了  
  
205  
00:08:32,970 --> 00:08:37,289  
它的妙用产后篇虽然是因产后而立法  
  
206  
00:08:38,169 --> 00:08:41,770  
它的应用可是远远超过卡产后的问题，你琢磨啊  
  
207  
00:08:42,210 --> 00:08:46,130  
你看现在这个北方咱们说都不见得常见  
  
208  
00:08:47,810 --> 00:08:49,970  
这个汤正，但是南方太多见了  
  
209  
00:08:50,250 --> 00:08:52,810  
就是里头那个羊空了，外头热  
  
210  
00:08:53,230 --> 00:08:53,430  
诶  
  
211  
00:08:53,430 --> 00:08:55,750  
你看这人诶，湿热一派热象吗  
  
212  
00:08:56,150 --> 00:08:59,510  
其实他不是，你一摸脉脉没根儿是不是尺脉  
  
213  
00:08:59,510 --> 00:09:04,440  
尤其是他很虚弱，这个在长期用空调的地方啊  
  
214  
00:09:05,680 --> 00:09:07,320  
啥叫阳气无根而上饭  
  
215  
00:09:07,320 --> 00:09:09,960  
你看有没有那个阳气虚阳外越那个状态，对吧  
  
216  
00:09:10,480 --> 00:09:14,400  
有了之后又有没有外头空调加深的问题  
  
217  
00:09:15,700 --> 00:09:17,980  
音译所累，是不是啊  
  
218  
00:09:18,020 --> 00:09:21,260  
我们说这个南方很多地方在外头  
  
219  
00:09:21,460 --> 00:09:23,940  
走着走着走着路，大太阳地儿  
  
220  
00:09:23,940 --> 00:09:24,220  
对吧  
  
221  
00:09:24,300 --> 00:09:26,020  
晒得很热，出汗  
  
222  
00:09:27,310 --> 00:09:29,030  
刚出完汗毛孔刚打开吧  
  
223  
00:09:31,110 --> 00:09:32,630  
一推门进商场了  
  
224  
00:09:33,480 --> 00:09:33,840  
嘿  
  
225  
00:09:34,040 --> 00:09:35,200  
商场里头啥样啊  
  
226  
00:09:35,960 --> 00:09:37,400  
冰凉是不是这回事啊  
  
227  
00:09:37,440 --> 00:09:37,640  
哎  
  
228  
00:09:37,680 --> 00:09:38,750  
空调，哎  
  
229  
00:09:38,830 --> 00:09:40,070  
音译跨盖上了  
  
230  
00:09:40,070 --> 00:09:41,710  
所以这个方法临床上真好  
  
231  
00:09:42,110 --> 00:09:43,430  
那这个方法怎么理解啊  
  
232  
00:09:43,470 --> 00:09:44,390  
我是这么看的  
  
233  
00:09:44,390 --> 00:09:45,270  
我是这么看的啊  
  
234  
00:09:46,400 --> 00:09:48,640  
这是我个人观点  
  
235  
00:09:48,760 --> 00:09:52,280  
那个古人古人，他不是这么说我  
  
236  
00:09:52,280 --> 00:09:53,640  
我自己是这么理解的  
  
237  
00:09:54,480 --> 00:09:55,680  
他里头有两张方  
  
238  
00:09:56,630 --> 00:09:58,870  
一张是桂枝去芍加附子汤  
  
239  
00:10:00,080 --> 00:10:03,560  
看见了没有伤寒论原文第21条还记得吧  
  
240  
00:10:04,480 --> 00:10:04,680  
哎  
  
241  
00:10:04,720 --> 00:10:06,440  
太阳病下之后，脉促胸满者  
  
242  
00:10:06,440 --> 00:10:07,640  
桂枝去芍药汤主治  
  
243  
00:10:08,650 --> 00:10:09,850  
若微寒者  
  
244  
00:10:10,050 --> 00:10:10,770  
脉微而恶寒  
  
245  
00:10:10,850 --> 00:10:12,050  
说明里头阳气空了吧  
  
246  
00:10:12,570 --> 00:10:15,580  
桂枝去掉芍药的酸碱，对吧  
  
247  
00:10:15,660 --> 00:10:16,620  
是那个酸甘  
  
248  
00:10:16,900 --> 00:10:21,300  
那个酸苦涌泻，突出桂枝和甘草辛甘化阳突出这个  
  
249  
00:10:21,700 --> 00:10:25,830  
再加附子温阳，起这个作用对不对啊  
  
250  
00:10:26,070 --> 00:10:29,710  
那么桂枝去芍加附子汤之后加四味药啊  
  
251  
00:10:30,790 --> 00:10:33,190  
竹叶汤竹叶汤必须得有谁啊  
  
252  
00:10:33,870 --> 00:10:35,070  
必须有竹叶啊  
  
253  
00:10:35,150 --> 00:10:37,230  
人家是有版权的啊  
  
254  
00:10:38,110 --> 00:10:40,390  
竹叶、葛根、防风、桔梗  
  
255  
00:10:41,110 --> 00:10:42,270  
分别有不同的作用  
  
256  
00:10:42,670 --> 00:10:44,830  
竹叶本身飘散之象对吧  
  
257  
00:10:45,150 --> 00:10:46,310  
哎，它飘散之象  
  
258  
00:10:46,630 --> 00:10:48,230  
它散去风热  
  
259  
00:10:50,040 --> 00:10:52,280  
葛根生津防风  
  
260  
00:10:53,960 --> 00:10:55,640  
祛风散寒  
  
261  
00:10:56,840 --> 00:10:59,000  
再加桔梗开提废气  
  
262  
00:11:00,680 --> 00:11:02,640  
非常经典的四味小药啊  
  
263  
00:11:02,680 --> 00:11:04,600  
这么一个一个总结  
  
264  
00:11:09,340 --> 00:11:12,540  
那么在这就给大家把它画裁完了  
  
265  
00:11:13,420 --> 00:11:13,660  
哎  
  
266  
00:11:13,660 --> 00:11:15,420  
非常经典的四味药总结  
  
267  
00:11:19,580 --> 00:11:21,420  
呃，桂枝加芍药汤啊  
  
268  
00:11:21,460 --> 00:11:23,660  
它是有这个回阳的作用的啊  
  
269  
00:11:24,060 --> 00:11:26,400  
回阳的同时解表，呃  
  
270  
00:11:26,600 --> 00:11:28,600  
主页那四位呢，就是散风热  
  
271  
00:11:30,330 --> 00:11:33,570  
所以他治疗的我们再次回溯他所治疗的疾病  
  
272  
00:11:33,770 --> 00:11:37,730  
原本就是产后之后中风又发现了虚热的问题  
  
273  
00:11:38,170 --> 00:11:42,250  
造成这个东西的原因和机理在于，阳气无根而上犯  
  
274  
00:11:42,730 --> 00:11:44,330  
又被阴译怎么样哈  
  
275  
00:11:45,380 --> 00:11:46,300  
所累啊  
  
276  
00:11:46,340 --> 00:11:47,980  
又被阴气给闭住了  
  
277  
00:11:47,980 --> 00:11:50,220  
这就用我的话来说就更简单啊  
  
278  
00:11:50,260 --> 00:11:52,340  
又被阴气给闭住了，哎  
  
279  
00:11:52,380 --> 00:11:54,190  
所治疗之疾病，呃  
  
280  
00:11:54,350 --> 00:11:57,710  
既可用于产后，又可不用于产后啊  
  
281  
00:11:57,710 --> 00:12:00,130  
你可以把它推而广之  
  
282  
00:12:00,170 --> 00:12:01,930  
只要是阳气无根  
  
283  
00:12:01,930 --> 00:12:03,610  
你看那个脉比较虚弱  
  
284  
00:12:03,970 --> 00:12:06,410  
这个人吵吵巴火来了，又是一派热象  
  
285  
00:12:06,410 --> 00:12:07,770  
他非得说自己是热症  
  
286  
00:12:08,300 --> 00:12:09,860  
你一看还真有上火，对吧  
  
287  
00:12:10,300 --> 00:12:11,100  
那你就看吧  
  
288  
00:12:11,140 --> 00:12:14,730  
是不是没事熬大夜吃水果对吧  
  
289  
00:12:14,730 --> 00:12:16,970  
咱们讲那个喝冷饮啊  
  
290  
00:12:17,010 --> 00:12:18,210  
里头特凉  
  
291  
00:12:18,840 --> 00:12:20,520  
然后外头没事再吹点空调  
  
292  
00:12:20,560 --> 00:12:22,920  
把阳气一扣，虚阳上来了啊  
  
293  
00:12:22,920 --> 00:12:24,460  
所以这个猪叶汤啊  
  
294  
00:12:24,460 --> 00:12:26,780  
告诉大家，这个是一个非常临床  
  
295  
00:12:26,820 --> 00:12:29,460  
非常实用的一个思路啊  
  
296  
00:12:30,340 --> 00:12:31,780  
好，我们翻过来  
  
297  
00:12:33,420 --> 00:12:35,780  
竹皮大丸，我一讲这个方啊  
  
298  
00:12:35,780 --> 00:12:37,660  
很多人眼睛就得亮了啊  
  
299  
00:12:38,680 --> 00:12:39,840  
这方法太实用了  
  
300  
00:12:39,880 --> 00:12:41,520  
好，竹皮大丸  
  
301  
00:12:41,520 --> 00:12:42,800  
你们知道是干啥的吗  
  
302  
00:12:44,080 --> 00:12:45,360  
你看条文你就知道了  
  
303  
00:12:45,360 --> 00:12:46,960  
妇人乳中虚啥意思  
  
304  
00:12:47,640 --> 00:12:48,360  
非常简单  
  
305  
00:12:48,480 --> 00:12:50,160  
翻译过来就一个事  
  
306  
00:12:50,160 --> 00:12:52,640  
儿奶水少知道吗  
  
307  
00:12:53,430 --> 00:12:53,630  
哎  
  
308  
00:12:53,630 --> 00:12:54,350  
非常简单  
  
309  
00:12:54,950 --> 00:12:56,750  
但是这一个简单的事啊  
  
310  
00:12:56,950 --> 00:13:01,150  
在现代的临床环境之中，非常实用  
  
311  
00:13:01,710 --> 00:13:02,670  
为什么那么说呢  
  
312  
00:13:03,430 --> 00:13:04,630  
你看经常有人啊  
  
313  
00:13:04,630 --> 00:13:07,150  
就是听说你是当中医的啊  
  
314  
00:13:07,760 --> 00:13:09,520  
你的某个亲戚或者朋友  
  
315  
00:13:09,520 --> 00:13:11,440  
小学同学可能两年都没联系了啊  
  
316  
00:13:11,770 --> 00:13:13,570  
直接就就就找你啊  
  
317  
00:13:13,650 --> 00:13:15,490  
然后跟你说有什么什么事  
  
318  
00:13:15,810 --> 00:13:16,850  
生小孩了，对吧  
  
319  
00:13:17,170 --> 00:13:19,410  
然后呢，这个就一个核心问题  
  
320  
00:13:19,410 --> 00:13:20,940  
一个矛盾问题，没有  
  
321  
00:13:20,940 --> 00:13:23,020  
奶水，明白啥意思没有  
  
322  
00:13:23,260 --> 00:13:24,100  
然后咋办啊  
  
323  
00:13:24,300 --> 00:13:26,000  
想出很多招啊  
  
324  
00:13:26,000 --> 00:13:27,040  
老百姓的智慧啊  
  
325  
00:13:27,200 --> 00:13:29,520  
想了很多招，什么肘子啊  
  
326  
00:13:29,720 --> 00:13:30,440  
咱们知道吧  
  
327  
00:13:30,960 --> 00:13:33,320  
就是这什么补  
  
328  
00:13:33,600 --> 00:13:34,600  
总之就是这一个  
  
329  
00:13:35,180 --> 00:13:35,380  
呃  
  
330  
00:13:35,620 --> 00:13:39,330  
有没有用，咱们首先说老百姓的智慧  
  
331  
00:13:39,490 --> 00:13:40,850  
他是绝对是有用的  
  
332  
00:13:41,410 --> 00:13:43,890  
但是有很多时候有利有弊  
  
333  
00:13:44,490 --> 00:13:47,750  
为什么这个B咱力就不说了啊  
  
334  
00:13:47,750 --> 00:13:48,670  
他肯定是有用  
  
335  
00:13:48,670 --> 00:13:50,350  
那就是说明奶水确实多了  
  
336  
00:13:50,950 --> 00:13:52,670  
弊在于什么两点  
  
337  
00:13:53,490 --> 00:13:54,290  
第一点呢  
  
338  
00:13:55,530 --> 00:13:58,130  
就是虽然补了很多  
  
339  
00:14:00,220 --> 00:14:05,580  
但是补着补着有没有可能造成了新的拥堵  
  
340  
00:14:06,880 --> 00:14:10,000  
比如很多人适龄女子啊  
  
341  
00:14:10,000 --> 00:14:11,760  
产后女子产后之后  
  
342  
00:14:12,510 --> 00:14:14,870  
过不多久发现乳腺出现占位了  
  
343  
00:14:15,620 --> 00:14:16,500  
咱们打一个比方  
  
344  
00:14:17,180 --> 00:14:21,380  
有没有因为淤没去掉的时候就上来玩命的补  
  
345  
00:14:22,500 --> 00:14:25,340  
不过堵了这种有可能吧  
  
346  
00:14:26,620 --> 00:14:28,340  
还有一类我认为啊  
  
347  
00:14:29,500 --> 00:14:32,340  
补有个前提就是你能不能运化呀  
  
348  
00:14:33,350 --> 00:14:37,870  
你要运化不了，你是你猪蹄一天你给造一个啊  
  
349  
00:14:37,910 --> 00:14:39,310  
你说他吃不下吃不下  
  
350  
00:14:39,310 --> 00:14:40,990  
我给他熬老汤是吧  
  
351  
00:14:42,210 --> 00:14:45,090  
汤都喝了，它能不能运化的了呢  
  
352  
00:14:45,800 --> 00:14:49,680  
所以这个我们不妨翻开1800年前的金匮要略  
  
353  
00:14:49,680 --> 00:14:52,920  
你看看古人是怎么应对奶水少的问题  
  
354  
00:14:52,920 --> 00:14:54,160  
人家是用猪蹄了吗  
  
355  
00:14:54,530 --> 00:14:54,850  
对吧  
  
356  
00:14:54,850 --> 00:14:57,210  
我在这儿并没有对猪蹄的偏见  
  
357  
00:14:57,290 --> 00:14:57,930  
同学们啊  
  
358  
00:14:58,250 --> 00:15:01,910  
我只是给你展示一下古人是怎么解决这个问题的  
  
359  
00:15:01,910 --> 00:15:05,750  
人说了妇人乳中虚，然后怎么样呢  
  
360  
00:15:06,720 --> 00:15:10,150  
烦乱呕逆，什么叫烦乱呕逆呀  
  
361  
00:15:10,150 --> 00:15:12,110  
烦乱是不是有阳虚啊  
  
362  
00:15:12,510 --> 00:15:13,590  
是不是有虚热呀  
  
363  
00:15:14,110 --> 00:15:17,690  
呕逆是不是中焦已经被邪气所干啊  
  
364  
00:15:17,690 --> 00:15:19,530  
那你还往里头给玩命  
  
365  
00:15:19,730 --> 00:15:22,490  
用我们东北话玩命的旋吗  
  
366  
00:15:22,530 --> 00:15:22,850  
是吧  
  
367  
00:15:23,450 --> 00:15:23,690  
哎  
  
368  
00:15:23,690 --> 00:15:28,040  
就可劲儿，可劲儿吃能成吗  
  
369  
00:15:28,640 --> 00:15:29,080  
不成  
  
370  
00:15:29,440 --> 00:15:30,560  
那这时候怎么办  
  
371  
00:15:31,120 --> 00:15:32,280  
用竹皮大丸  
  
372  
00:15:32,800 --> 00:15:36,080  
竹皮大丸前缀四字安中益气  
  
373  
00:15:36,900 --> 00:15:38,380  
说明卓培大王干什么的  
  
374  
00:15:38,980 --> 00:15:41,340  
安中益气，安中义气几个事  
  
375  
00:15:42,790 --> 00:15:43,350  
俩事吧  
  
376  
00:15:43,510 --> 00:15:44,310  
它不是一个吧  
  
377  
00:15:44,830 --> 00:15:46,590  
暗中是一个，义气是一个  
  
378  
00:15:46,950 --> 00:15:49,710  
安中式入手义气是结果  
  
379  
00:15:50,580 --> 00:15:51,140  
明白了吧  
  
380  
00:15:51,460 --> 00:15:52,700  
他是安中焦的  
  
381  
00:15:52,900 --> 00:15:54,460  
你看看啊，他怎么安中交  
  
382  
00:15:55,220 --> 00:15:57,820  
呃，关于竹皮大丸的  
  
383  
00:15:59,000 --> 00:16:00,510  
方毅，呃  
  
384  
00:16:00,710 --> 00:16:01,590  
张老师本人呢  
  
385  
00:16:01,590 --> 00:16:06,510  
也是参看了学习了古代的历代医家的注释  
  
386  
00:16:07,110 --> 00:16:08,670  
我个人以为啊  
  
387  
00:16:10,430 --> 00:16:13,550  
仅论这个竹皮大丸一节的注释  
  
388  
00:16:14,190 --> 00:16:18,830  
以民国一家唐容川先生所论最精  
  
389  
00:16:20,450 --> 00:16:21,450  
后世医家呢  
  
390  
00:16:21,490 --> 00:16:25,610  
往往有很多论述的，也很精道的啊  
  
391  
00:16:26,570 --> 00:16:26,850  
呃  
  
392  
00:16:27,920 --> 00:16:28,840  
多由此而来  
  
393  
00:16:28,920 --> 00:16:30,200  
很多是从他这来的  
  
394  
00:16:30,200 --> 00:16:30,720  
我呀  
  
395  
00:16:31,900 --> 00:16:35,100  
不注释我只是注释的搬运工，对吧我  
  
396  
00:16:35,100 --> 00:16:37,860  
我告诉你这个是谁住的最好  
  
397  
00:16:38,220 --> 00:16:39,020  
呃，好  
  
398  
00:16:39,020 --> 00:16:40,180  
不是话说的好  
  
399  
00:16:40,180 --> 00:16:40,940  
同学们啊  
  
400  
00:16:41,410 --> 00:16:44,090  
在张老师这儿，我给你讲这个金贵  
  
401  
00:16:44,610 --> 00:16:46,570  
并不是他话说的漂亮就是好  
  
402  
00:16:47,330 --> 00:16:49,330  
你别忘了我临床也用啊  
  
403  
00:16:50,400 --> 00:16:52,360  
是不是那个意思对吧  
  
404  
00:16:52,800 --> 00:16:54,120  
好得分两个方面  
  
405  
00:16:54,440 --> 00:16:55,440  
你不能说好话  
  
406  
00:16:55,440 --> 00:16:58,000  
你都说尽了事，你没干对吧  
  
407  
00:16:58,530 --> 00:17:00,650  
唐仁川这个东西它非常符合临床  
  
408  
00:17:00,730 --> 00:17:01,850  
他说了三件事  
  
409  
00:17:01,850 --> 00:17:04,730  
第一，你看聪明的同学马上开机了啊  
  
410  
00:17:05,500 --> 00:17:08,300  
甘草枣肉这个我不给你说原话  
  
411  
00:17:08,300 --> 00:17:10,450  
我就说我看到的  
  
412  
00:17:10,450 --> 00:17:15,210  
我理解的，我提炼之后的甘草枣肉补中功  
  
413  
00:17:16,230 --> 00:17:17,270  
中公化缘啊  
  
414  
00:17:17,270 --> 00:17:18,430  
同学们是这个道理吧  
  
415  
00:17:18,829 --> 00:17:20,230  
我不给你吃猪蹄  
  
416  
00:17:21,150 --> 00:17:25,060  
我也不给你炖甲鱼乌鸡，什么都不给你弄  
  
417  
00:17:25,060 --> 00:17:27,579  
但是我把中焦给你补上  
  
418  
00:17:28,099 --> 00:17:29,540  
让他的脾怎么样啊  
  
419  
00:17:29,980 --> 00:17:32,660  
能转到到达什么状态  
  
420  
00:17:32,660 --> 00:17:35,090  
就是你在家里跟着正常吃饭  
  
421  
00:17:35,530 --> 00:17:38,050  
别人不吸收你都能吸收那你就赢了  
  
422  
00:17:38,490 --> 00:17:39,010  
明白了吧  
  
423  
00:17:39,010 --> 00:17:39,810  
这个很重要  
  
424  
00:17:40,170 --> 00:17:43,510  
甘草枣肉这个思路啊，是补中焦的  
  
425  
00:17:44,190 --> 00:17:44,470  
呃  
  
426  
00:17:45,800 --> 00:17:50,520  
还有两位桂枝竹如通心络  
  
427  
00:17:50,680 --> 00:17:52,200  
这是我自己加上来的啊  
  
428  
00:17:52,640 --> 00:17:54,440  
桂枝竹如通心络  
  
429  
00:17:55,870 --> 00:17:57,470  
思路是唐宫的啊  
  
430  
00:17:57,670 --> 00:18:01,310  
思路呃，这个我自己稍稍做了一点点总结  
  
431  
00:18:02,290 --> 00:18:05,210  
用的字呢，也是斟酌考究啊  
  
432  
00:18:05,250 --> 00:18:06,850  
你看着你就明白了  
  
433  
00:18:08,050 --> 00:18:09,770  
桂枝竹如他俩通心络  
  
434  
00:18:11,290 --> 00:18:11,490  
呃  
  
435  
00:18:11,490 --> 00:18:12,850  
桂枝不用我多说我了  
  
436  
00:18:13,130 --> 00:18:14,690  
色额色赤，对吧  
  
437  
00:18:14,690 --> 00:18:16,930  
它性温以通心脉  
  
438  
00:18:16,930 --> 00:18:20,590  
这个我们在商人金贵反复的说，此不赘述  
  
439  
00:18:21,310 --> 00:18:22,590  
侏儒咋回事  
  
440  
00:18:23,730 --> 00:18:28,090  
侏儒其实不就是竹子削下来之后这个落脉嘛  
  
441  
00:18:28,090 --> 00:18:28,570  
对不对啊  
  
442  
00:18:28,850 --> 00:18:31,970  
你看他都是一根一根都是一削，很长啊  
  
443  
00:18:32,010 --> 00:18:33,030  
这个，呃  
  
444  
00:18:33,230 --> 00:18:35,990  
正好就是有这个通络的这种状态  
  
445  
00:18:36,270 --> 00:18:39,230  
而且竹如呢，又能祛痰又能清热  
  
446  
00:18:39,640 --> 00:18:42,560  
把这个瘀热痰又给你清掉了啊  
  
447  
00:18:43,040 --> 00:18:45,360  
帮助桂枝那么一寒一热  
  
448  
00:18:46,200 --> 00:18:46,480  
哎  
  
449  
00:18:47,210 --> 00:18:50,050  
这个寒温并用去通这个心络  
  
450  
00:18:50,890 --> 00:18:52,850  
外加两味药清胃热  
  
451  
00:18:52,850 --> 00:18:53,770  
这个很绝啊  
  
452  
00:18:53,850 --> 00:18:55,730  
一个石膏一个白，呃呃  
  
453  
00:18:57,050 --> 00:19:00,290  
这个白薇啊，这两个  
  
454  
00:19:03,340 --> 00:19:04,180  
呃石膏  
  
455  
00:19:06,430 --> 00:19:10,710  
能够散解胃热，这个在白虎里头有体现  
  
456  
00:19:12,470 --> 00:19:13,790  
白薇非常有意思  
  
457  
00:19:13,870 --> 00:19:16,030  
这个药在本经里头就能出烦  
  
458  
00:19:16,900 --> 00:19:18,380  
我在临床上见到很多啊  
  
459  
00:19:18,380 --> 00:19:19,420  
他那个脉有湿热  
  
460  
00:19:19,780 --> 00:19:22,660  
这人你注意用白薇的人有个特点  
  
461  
00:19:22,700 --> 00:19:23,780  
他有邪火  
  
462  
00:19:24,920 --> 00:19:25,640  
有邪火  
  
463  
00:19:25,640 --> 00:19:26,640  
什么叫邪火啊  
  
464  
00:19:27,080 --> 00:19:28,400  
因为我是东北人对吧  
  
465  
00:19:28,480 --> 00:19:29,000  
东北人  
  
466  
00:19:29,640 --> 00:19:30,520  
呃，老话  
  
467  
00:19:31,610 --> 00:19:32,570  
邪火就是人  
  
468  
00:19:32,650 --> 00:19:34,290  
他发这火吧，他没啥原因  
  
469  
00:19:35,100 --> 00:19:35,820  
他不咋正常  
  
470  
00:19:35,820 --> 00:19:37,140  
他就是想发火你知道吗  
  
471  
00:19:37,340 --> 00:19:38,540  
就是他自己控制不住  
  
472  
00:19:38,980 --> 00:19:41,820  
就这种邪火，他得有脉象的支撑  
  
473  
00:19:41,820 --> 00:19:43,340  
我们说人烦躁有很多种  
  
474  
00:19:44,330 --> 00:19:45,730  
栀子豉汤烦对吧  
  
475  
00:19:46,090 --> 00:19:46,970  
柴胡龙牡烦  
  
476  
00:19:47,930 --> 00:19:48,890  
救逆汤也烦  
  
477  
00:19:49,980 --> 00:19:50,820  
泻心汤也烦  
  
478  
00:19:50,820 --> 00:19:52,660  
你不能说烦都一样  
  
479  
00:19:52,780 --> 00:19:55,390  
它不一样，那么白微的那种烦  
  
480  
00:19:55,390 --> 00:19:57,550  
它一定是有那种热在里头的  
  
481  
00:19:57,550 --> 00:19:59,150  
而且它跟胃息息相关  
  
482  
00:19:59,190 --> 00:20:02,160  
跟胃气阳明的这个胃气啊息息相关  
  
483  
00:20:04,260 --> 00:20:08,270  
呃，所以后头呢有一个解释  
  
484  
00:20:08,630 --> 00:20:10,670  
我们这一篇的方很多  
  
485  
00:20:10,750 --> 00:20:13,830  
多数是以丸药的形式化合而成的啊  
  
486  
00:20:14,160 --> 00:20:15,000  
那么后头说呢  
  
487  
00:20:15,400 --> 00:20:17,400  
有热白微就加倍  
  
488  
00:20:19,320 --> 00:20:20,840  
这个是很符合道理的啊  
  
489  
00:20:22,530 --> 00:20:24,050  
反喘怎么办  
  
490  
00:20:24,650 --> 00:20:27,090  
加百十，百十就是所谓什么呀  
  
491  
00:20:27,090 --> 00:20:27,610  
同学们  
  
492  
00:20:29,230 --> 00:20:30,230  
波子人，对吧  
  
493  
00:20:30,510 --> 00:20:31,190  
哎，波子人  
  
494  
00:20:31,790 --> 00:20:32,070  
呃  
  
495  
00:20:32,910 --> 00:20:34,950  
为什么布泽仁我在里面  
  
496  
00:20:34,950 --> 00:20:39,360  
有的时候我也拿它替代当麻仁用啊  
  
497  
00:20:39,400 --> 00:20:41,800  
因为他本身体质呢，也润滑  
  
498  
00:20:42,490 --> 00:20:44,130  
簸子仁也是比较滑的啊  
  
499  
00:20:44,250 --> 00:20:45,650  
滑的就能润肠嘛，对吧  
  
500  
00:20:46,170 --> 00:20:47,330  
而且簸子呢  
  
501  
00:20:47,410 --> 00:20:51,700  
古人认为这个柏木就松柏吧  
  
502  
00:20:52,180 --> 00:20:56,940  
这个大家听的比较明明白，柏树吸脂对吧  
  
503  
00:20:57,850 --> 00:21:01,850  
东往西昔曰金，今曰肃降  
  
504  
00:21:03,210 --> 00:21:04,170  
金曰从革嘛  
  
505  
00:21:04,170 --> 00:21:05,130  
他往下往下走  
  
506  
00:21:05,930 --> 00:21:08,770  
降的话，那正好你看西方又能下降  
  
507  
00:21:08,810 --> 00:21:12,020  
他跟肺就很容易关联了吧  
  
508  
00:21:13,610 --> 00:21:15,610  
那么跟肺关联，它也能润肠啊  
  
509  
00:21:15,610 --> 00:21:16,290  
也能通便  
  
510  
00:21:16,730 --> 00:21:19,970  
所以在临床上一些老年虚性的这个，呃  
  
511  
00:21:20,050 --> 00:21:22,660  
我觉得用麻仁有点狠啊  
  
512  
00:21:22,740 --> 00:21:23,740  
麦不是那么足  
  
513  
00:21:23,900 --> 00:21:27,140  
我可能会用比较大剂量的孢子仁啊  
  
514  
00:21:27,140 --> 00:21:29,650  
就这么用，临床上挺好的啊  
  
515  
00:21:30,330 --> 00:21:32,610  
那么这个就是竹皮大丸的主方  
  
516  
00:21:33,250 --> 00:21:36,330  
呃，基本上从这六味药吧  
  
517  
00:21:37,970 --> 00:21:41,460  
有这个枣肉为丸嘛，对吧  
  
518  
00:21:41,980 --> 00:21:46,860  
哎，甘草枣这个补中焦有桂枝竹如的这个通心络  
  
519  
00:21:48,920 --> 00:21:51,680  
有这个石膏白微的清胃热  
  
520  
00:21:52,760 --> 00:21:57,560  
那么则此症面面俱到啊，就解决了  
  
521  
00:22:00,380 --> 00:22:04,380  
这个就是给我们一个示范  
  
522  
00:22:05,060 --> 00:22:08,060  
告诉你乳汁的产生  
  
523  
00:22:08,990 --> 00:22:12,550  
那你并不是说呀说一定要让你用这个方  
  
524  
00:22:13,080 --> 00:22:17,160  
而是给我们提示了一个方法，什么方法  
  
525  
00:22:17,560 --> 00:22:19,820  
也就是所说乳汁不够  
  
526  
00:22:20,180 --> 00:22:21,660  
那么你就要想这几个事儿  
  
527  
00:22:21,900 --> 00:22:22,300  
第一  
  
528  
00:22:22,340 --> 00:22:24,580  
他中焦有没有化缘，对不对啊  
  
529  
00:22:24,840 --> 00:22:26,000  
你中交没有化缘  
  
530  
00:22:26,000 --> 00:22:27,440  
然后你单纯提主制  
  
531  
00:22:27,880 --> 00:22:29,080  
就像你不开工资  
  
532  
00:22:29,160 --> 00:22:31,720  
你就专门要业绩，这玩意它也不行啊  
  
533  
00:22:31,720 --> 00:22:32,080  
是吧  
  
534  
00:22:32,450 --> 00:22:32,650  
哎  
  
535  
00:22:32,970 --> 00:22:35,730  
皇帝不差饿兵，老百姓讲的话啊  
  
536  
00:22:35,730 --> 00:22:38,170  
那么你肯定先得把中焦给他补足了  
  
537  
00:22:38,720 --> 00:22:39,120  
第二  
  
538  
00:22:39,120 --> 00:22:40,120  
中焦足了之后  
  
539  
00:22:40,160 --> 00:22:42,320  
我们说中焦受气，取之奉心  
  
540  
00:22:42,320 --> 00:22:43,920  
化赤则变化为血  
  
541  
00:22:44,280 --> 00:22:45,680  
那么心能主血脉  
  
542  
00:22:45,680 --> 00:22:47,000  
你血脉通不通啊  
  
543  
00:22:47,420 --> 00:22:49,540  
假如它不通，它还是不能划入  
  
544  
00:22:50,000 --> 00:22:50,200  
哎  
  
545  
00:22:50,200 --> 00:22:53,640  
所以这个里头通心气的药通心络啊  
  
546  
00:22:53,880 --> 00:22:56,840  
确切的说通心络的药还是要加上来啊  
  
547  
00:22:57,480 --> 00:22:58,680  
外加什么  
  
548  
00:22:58,680 --> 00:23:01,560  
就是毕竟这个乳房啊，乳腺啊  
  
549  
00:23:02,040 --> 00:23:04,690  
它是哪条经所主啊，是味精  
  
550  
00:23:04,810 --> 00:23:06,250  
同学们，你要注意这个事  
  
551  
00:23:06,690 --> 00:23:10,930  
所以它往往在这个时候未经容易产生瘀滞  
  
552  
00:23:11,680 --> 00:23:13,440  
很多时候那你说呃  
  
553  
00:23:13,480 --> 00:23:16,560  
我们现在有一个行业叫催乳师，听说过吧  
  
554  
00:23:16,940 --> 00:23:17,140  
哎  
  
555  
00:23:17,260 --> 00:23:18,980  
帮助催乳，包括有用按摩的  
  
556  
00:23:18,980 --> 00:23:19,660  
有用啥的  
  
557  
00:23:19,980 --> 00:23:21,020  
其实你想啊  
  
558  
00:23:21,020 --> 00:23:23,620  
你光用物理层面后天的层面去做  
  
559  
00:23:23,950 --> 00:23:25,230  
那不一定能解决问题  
  
560  
00:23:25,710 --> 00:23:29,110  
那很多时候你用那个石膏这个思路  
  
561  
00:23:29,230 --> 00:23:31,510  
咱们把它里头的热结把它打开  
  
562  
00:23:32,370 --> 00:23:34,490  
你不用去按它自己就开了  
  
563  
00:23:34,490 --> 00:23:35,250  
是这个道理吧  
  
564  
00:23:35,690 --> 00:23:38,170  
对，你摁有可能还摁不开啊  
  
565  
00:23:40,110 --> 00:23:40,390  
好  
  
566  
00:23:40,390 --> 00:23:43,950  
那么这就是竹皮大丸给大家说完了  
  
567  
00:23:43,950 --> 00:23:45,270  
我们接着往后看  
  
568  
00:23:46,630 --> 00:23:47,790  
呃，下面呢  
  
569  
00:23:48,110 --> 00:23:51,110  
是这么三张复方啊  
  
570  
00:23:51,150 --> 00:23:52,810  
三张复方啊  
  
571  
00:23:52,810 --> 00:23:56,090  
下面还下面还有一个那个白头翁啊，白头翁那个  
  
572  
00:23:58,580 --> 00:24:01,460  
这个是治夏利的第11条  
  
573  
00:24:04,700 --> 00:24:08,380  
产后下痢虚极条纹特别简单啊  
  
574  
00:24:09,260 --> 00:24:09,900  
说用啥  
  
575  
00:24:11,180 --> 00:24:16,820  
白头翁加甘草阿胶汤主治这个条文就特别有意思  
  
576  
00:24:16,860 --> 00:24:18,300  
其实他治的是啥呢  
  
577  
00:24:18,300 --> 00:24:21,100  
同学们，就是产后拉肚子  
  
578  
00:24:21,760 --> 00:24:22,320  
对不对啊  
  
579  
00:24:23,040 --> 00:24:24,160  
但是这个拉度呢  
  
580  
00:24:24,200 --> 00:24:27,560  
张老师个人啊，这个我说点我的小观点啊  
  
581  
00:24:28,240 --> 00:24:34,060  
我个人觉得这个拉肚它应该里头是有湿热的啊  
  
582  
00:24:34,060 --> 00:24:35,980  
要不然他不能用白头翁汤  
  
583  
00:24:36,500 --> 00:24:39,660  
当然这个东西咱们理解的不绝对啊  
  
584  
00:24:39,780 --> 00:24:42,860  
很多东西咱们可能还呃学的还不到  
  
585  
00:24:43,400 --> 00:24:45,160  
但是从这个方上来看  
  
586  
00:24:45,160 --> 00:24:48,400  
乙方测正反推这个里头应该是有湿热的  
  
587  
00:24:48,720 --> 00:24:51,280  
而且有湿热的，同时它在白托风基础之上  
  
588  
00:24:51,280 --> 00:24:53,000  
它有加减，对吧  
  
589  
00:24:53,080 --> 00:24:54,040  
加甘草加阿胶  
  
590  
00:24:54,440 --> 00:24:58,310  
所以根据后世医家的综述啊  
  
591  
00:24:58,350 --> 00:25:00,870  
那么可以得知，不但有湿热  
  
592  
00:25:00,870 --> 00:25:03,270  
而且兼什么兼阴虚  
  
593  
00:25:03,960 --> 00:25:04,440  
你看啊  
  
594  
00:25:04,680 --> 00:25:08,160  
又产后这几个关键词，产后下利  
  
595  
00:25:08,950 --> 00:25:09,350  
阴虚  
  
596  
00:25:09,390 --> 00:25:11,670  
湿热或者湿热，阴虚都行吧  
  
597  
00:25:12,430 --> 00:25:16,390  
或者你叫产后湿热阴虚的夏利，那完事了  
  
598  
00:25:17,050 --> 00:25:18,050  
哎，这就完事了  
  
599  
00:25:18,450 --> 00:25:19,930  
那么我们说这么多啊  
  
600  
00:25:19,930 --> 00:25:22,130  
就为啥我们要反思一下啊  
  
601  
00:25:22,570 --> 00:25:26,380  
为啥白头翁汤症所致之产后下痢  
  
602  
00:25:26,380 --> 00:25:27,660  
也就是产后之下痢  
  
603  
00:25:27,940 --> 00:25:29,780  
它容易出现阴虚湿热呢  
  
604  
00:25:30,500 --> 00:25:31,660  
这个大家要考虑吧  
  
605  
00:25:32,240 --> 00:25:33,160  
哎，这很有意思  
  
606  
00:25:33,720 --> 00:25:34,080  
呃  
  
607  
00:25:35,160 --> 00:25:36,640  
首先我个人认为啊  
  
608  
00:25:37,270 --> 00:25:38,590  
富人在怀孕的时候  
  
609  
00:25:38,590 --> 00:25:42,510  
她调动了全身的气血去化生一个新的生命  
  
610  
00:25:42,970 --> 00:25:47,770  
这个时候他的状态属于相对来说阳气还是比较充盛的  
  
611  
00:25:48,010 --> 00:25:51,410  
是不是那么突然间这小孩走了  
  
612  
00:25:53,030 --> 00:25:54,110  
离开母体了对吧  
  
613  
00:25:54,270 --> 00:25:55,070  
离开母体之后  
  
614  
00:25:55,470 --> 00:25:58,390  
他的身体在这种强度下  
  
615  
00:25:58,790 --> 00:26:01,880  
他是不是需要一个缓下来的一个过程啊  
  
616  
00:26:02,290 --> 00:26:04,330  
那么用古人的话来说叫什么呢  
  
617  
00:26:04,330 --> 00:26:05,170  
你看，呃  
  
618  
00:26:05,330 --> 00:26:06,250  
黄世平先生  
  
619  
00:26:06,250 --> 00:26:10,950  
当年他就讲产后水血已亏啊  
  
620  
00:26:11,110 --> 00:26:12,230  
水和血都不足了  
  
621  
00:26:12,230 --> 00:26:12,990  
津液也不足了  
  
622  
00:26:12,990 --> 00:26:13,710  
营也不足了  
  
623  
00:26:13,990 --> 00:26:15,470  
那阳气还挺足的吧  
  
624  
00:26:16,110 --> 00:26:17,070  
这问题就来了  
  
625  
00:26:17,390 --> 00:26:19,390  
阳气无偶化热  
  
626  
00:26:20,410 --> 00:26:21,890  
这是黄世平先生说的啊  
  
627  
00:26:24,110 --> 00:26:25,830  
如什么配偶啊  
  
628  
00:26:26,790 --> 00:26:27,870  
对偶的意思啊  
  
629  
00:26:29,070 --> 00:26:29,590  
化热  
  
630  
00:26:30,500 --> 00:26:32,700  
那么孤阳则化热嘛  
  
631  
00:26:32,700 --> 00:26:33,580  
这是不是这理啊  
  
632  
00:26:34,300 --> 00:26:36,220  
哎，化热化热之后  
  
633  
00:26:36,820 --> 00:26:38,020  
那么这个热不闲着  
  
634  
00:26:39,010 --> 00:26:41,530  
热破长夜则则立啊  
  
635  
00:26:41,650 --> 00:26:43,770  
那支热肯定往下走，呃  
  
636  
00:26:43,770 --> 00:26:46,190  
所以在在我们沙论中  
  
637  
00:26:46,230 --> 00:26:49,990  
它也有这种热的升降出入  
  
638  
00:26:52,740 --> 00:26:54,300  
和这个夏利之间的关联  
  
639  
00:26:54,300 --> 00:26:56,740  
比如说伤寒论原文第34条，大家记得吧  
  
640  
00:26:57,740 --> 00:26:58,020  
哎  
  
641  
00:27:01,720 --> 00:27:02,880  
太阳病咋的啦  
  
642  
00:27:04,170 --> 00:27:06,130  
原文34条葛根祁连汤正  
  
643  
00:27:07,050 --> 00:27:08,730  
哎，那不就是呃  
  
644  
00:27:10,030 --> 00:27:10,350  
对吧  
  
645  
00:27:10,990 --> 00:27:13,030  
哎，斜而立下利不止对吧  
  
646  
00:27:13,070 --> 00:27:13,310  
哎  
  
647  
00:27:13,310 --> 00:27:19,370  
那么所谓的这个葛根秦连邪气下破大肠啊  
  
648  
00:27:20,330 --> 00:27:21,330  
跟这个道理呢  
  
649  
00:27:21,530 --> 00:27:22,330  
差不多啊  
  
650  
00:27:22,610 --> 00:27:23,130  
差不多  
  
651  
00:27:24,460 --> 00:27:26,140  
所以这个时候怎么办啊  
  
652  
00:27:26,540 --> 00:27:27,860  
为什么用白头翁汤  
  
653  
00:27:30,780 --> 00:27:34,060  
白头翁汤，咱们在伤寒论里给大家讲过啊  
  
654  
00:27:34,060 --> 00:27:38,610  
不止一次的提及过治疗厥阴之热化  
  
655  
00:27:40,080 --> 00:27:41,360  
呃，风和热呢  
  
656  
00:27:41,440 --> 00:27:45,180  
他俩之间啊，是容易形成一个联动的  
  
657  
00:27:45,660 --> 00:27:46,980  
所谓寒湿相构  
  
658  
00:27:47,500 --> 00:27:48,340  
烽火相执  
  
659  
00:27:48,460 --> 00:27:49,340  
燥热相邻  
  
660  
00:27:52,680 --> 00:27:54,040  
有风的地方必有火  
  
661  
00:27:55,700 --> 00:27:56,300  
白头翁汤  
  
662  
00:27:57,300 --> 00:27:58,980  
白头翁本身色白  
  
663  
00:28:00,140 --> 00:28:01,060  
善治风木  
  
664  
00:28:02,220 --> 00:28:04,460  
配琴皮则有良干之用  
  
665  
00:28:05,520 --> 00:28:09,360  
再加廉簸呢，能够兼阴燥湿  
  
666  
00:28:10,080 --> 00:28:11,640  
我们说莲簸为苦嘛  
  
667  
00:28:11,680 --> 00:28:12,480  
苦以兼因  
  
668  
00:28:12,760 --> 00:28:14,000  
苦则兼之嘛，对吧  
  
669  
00:28:14,970 --> 00:28:16,730  
诶，兼阴则能固脱  
  
670  
00:28:18,210 --> 00:28:20,410  
那这个时候最后要加两味药  
  
671  
00:28:22,460 --> 00:28:24,260  
甘草和阿胶额  
  
672  
00:28:24,500 --> 00:28:27,460  
因为傻，现在这个人毕竟是产后产后啊  
  
673  
00:28:28,060 --> 00:28:29,180  
他是比较虚的  
  
674  
00:28:29,910 --> 00:28:32,350  
用上甘草甘则缓之  
  
675  
00:28:32,550 --> 00:28:38,510  
缓解他下痢之疾症缓解这个阿胶就是养阴血的啊  
  
676  
00:28:40,190 --> 00:28:41,310  
阿胶就是养阴血的  
  
677  
00:28:43,270 --> 00:28:44,950  
你产后毕竟血虚嘛  
  
678  
00:28:50,380 --> 00:28:51,780  
关于这个汤的脉证啊  
  
679  
00:28:51,820 --> 00:28:53,900  
大家记住这个汤的脉证  
  
680  
00:28:53,900 --> 00:28:56,620  
它一定是细说的系数啊  
  
681  
00:28:57,300 --> 00:28:58,380  
为什么系数呀  
  
682  
00:28:58,940 --> 00:28:59,620  
代表两个  
  
683  
00:28:59,660 --> 00:29:00,060  
第一  
  
684  
00:29:00,180 --> 00:29:02,380  
有因序，脉细而硕  
  
685  
00:29:02,380 --> 00:29:02,700  
对吧  
  
686  
00:29:03,140 --> 00:29:05,940  
第二，为啥硕它里头有湿热  
  
687  
00:29:06,860 --> 00:29:08,020  
要注意这个啊  
  
688  
00:29:09,870 --> 00:29:11,510  
所谓夏利续集啊  
  
689  
00:29:11,630 --> 00:29:16,230  
白头翁加甘草阿胶汤主之这条给大家说完了啊  
  
690  
00:29:16,970 --> 00:29:23,120  
临床中治疗产后夏利这么一张常用方  
  
691  
00:29:26,560 --> 00:29:28,760  
好，这回看最后两张复方啊  
  
692  
00:29:28,800 --> 00:29:30,840  
他们都是呃后头  
  
693  
00:29:30,840 --> 00:29:34,350  
这个辅在后头的第一个  
  
694  
00:29:40,320 --> 00:29:41,320  
三物黄芪汤  
  
695  
00:29:43,600 --> 00:29:45,840  
他说三物黄芪汤啊，是治疗啥的  
  
696  
00:29:47,360 --> 00:29:50,200  
治妇人在草褥啥意思  
  
697  
00:29:51,400 --> 00:29:53,400  
呃，从这个行为上来看啊  
  
698  
00:29:53,600 --> 00:30:01,000  
得知古人妇女产后要在什么上休息啊  
  
699  
00:30:02,160 --> 00:30:03,640  
用草编的褥子  
  
700  
00:30:04,350 --> 00:30:07,750  
其实跟我你反应过来就是草这个东西  
  
701  
00:30:07,750 --> 00:30:10,710  
它不是能能能肾能吸吗  
  
702  
00:30:10,710 --> 00:30:11,030  
是吧  
  
703  
00:30:11,390 --> 00:30:14,690  
它能够便于什么东西的排放啊  
  
704  
00:30:15,010 --> 00:30:18,570  
恶露产后之后，他那个那个草的褥子  
  
705  
00:30:18,610 --> 00:30:19,730  
甘草是不是  
  
706  
00:30:20,110 --> 00:30:21,750  
哎，富人在上头休息  
  
707  
00:30:21,990 --> 00:30:22,870  
那恶露呢  
  
708  
00:30:22,870 --> 00:30:26,990  
在甘草之上，它容往往便于恶露的排出啊  
  
709  
00:30:26,990 --> 00:30:28,030  
就起这个作用  
  
710  
00:30:29,430 --> 00:30:29,870  
那么  
  
711  
00:30:33,620 --> 00:30:38,540  
这个期间自发路得封  
  
712  
00:30:39,670 --> 00:30:40,950  
你看这块就有意思了  
  
713  
00:30:40,950 --> 00:30:42,190  
跟前文就承接了吧  
  
714  
00:30:43,030 --> 00:30:45,710  
排恶露的时候，这个期间咋了  
  
715  
00:30:46,510 --> 00:30:47,710  
受风了让风吹了  
  
716  
00:30:48,270 --> 00:30:49,630  
哎，所以金匮要略啊  
  
717  
00:30:49,630 --> 00:30:50,870  
你看这里头的方子  
  
718  
00:30:51,410 --> 00:30:52,930  
呃，可以说非常细致  
  
719  
00:30:53,090 --> 00:30:54,050  
我给大家讲吧  
  
720  
00:30:54,530 --> 00:30:56,410  
那么正常，咱们前头这这些篇  
  
721  
00:30:56,530 --> 00:31:00,630  
一直到这个产后，我都会一条一条一张一张放讲  
  
722  
00:31:00,630 --> 00:31:02,430  
因为你发现每张方都有用  
  
723  
00:31:02,910 --> 00:31:04,630  
包括它的复方啊  
  
724  
00:31:04,630 --> 00:31:07,710  
它含进来这小方子，那产后受风了嘛  
  
725  
00:31:07,710 --> 00:31:08,030  
对吧  
  
726  
00:31:08,790 --> 00:31:11,350  
然后哎，见到一些症状  
  
727  
00:31:11,590 --> 00:31:12,070  
比如  
  
728  
00:31:18,560 --> 00:31:21,000  
四肢苦烦热啊  
  
729  
00:31:21,040 --> 00:31:22,040  
讲了这么一个问题  
  
730  
00:31:22,120 --> 00:31:23,000  
四肢苦烦热  
  
731  
00:31:24,120 --> 00:31:24,400  
呃  
  
732  
00:31:25,660 --> 00:31:28,500  
受风之后四肢反热  
  
733  
00:31:29,060 --> 00:31:30,380  
为啥四肢反热呢  
  
734  
00:31:32,880 --> 00:31:33,840  
那这个很简单  
  
735  
00:31:33,880 --> 00:31:34,880  
我个人认为啊  
  
736  
00:31:34,880 --> 00:31:37,600  
我个人认为脾主四末  
  
737  
00:31:38,640 --> 00:31:41,600  
四肢烦热，说明他是不是受风了  
  
738  
00:31:42,400 --> 00:31:44,120  
说明风木克啥呀  
  
739  
00:31:45,000 --> 00:31:46,680  
脾土大家注意  
  
740  
00:31:47,120 --> 00:31:50,880  
很多时候临床中包括一些手足不正常的扰动  
  
741  
00:31:51,760 --> 00:31:52,880  
它跟风都有关  
  
742  
00:31:53,120 --> 00:31:57,370  
我们下一堂课会会给大家讲甘麦大枣汤啊  
  
743  
00:31:57,410 --> 00:31:58,970  
那么这个是非常经典的啊  
  
744  
00:31:58,970 --> 00:32:01,610  
跟这个都都能够合上诶  
  
745  
00:32:01,690 --> 00:32:02,890  
四肢苦烦热  
  
746  
00:32:03,970 --> 00:32:07,130  
这个时候分两种  
  
747  
00:32:07,210 --> 00:32:08,210  
一种是头疼的  
  
748  
00:32:08,210 --> 00:32:09,330  
一种是头不疼的  
  
749  
00:32:12,980 --> 00:32:13,940  
头痛怎么办  
  
750  
00:32:18,100 --> 00:32:21,060  
于与小柴胡汤，说明邪在邵阳  
  
751  
00:32:22,300 --> 00:32:25,020  
当从邵阳，舒转于外  
  
752  
00:32:26,890 --> 00:32:30,210  
反之还有一种头不痛，但是烦烦  
  
753  
00:32:30,330 --> 00:32:34,160  
说明什么，同学们很好  
  
754  
00:32:38,120 --> 00:32:39,400  
无热不作烦啊  
  
755  
00:32:40,360 --> 00:32:42,440  
烦，说明热热哪来的啊  
  
756  
00:32:43,950 --> 00:32:48,070  
哪来的热邪气  
  
757  
00:32:48,070 --> 00:32:49,350  
有来龙有去脉啊  
  
758  
00:32:50,360 --> 00:32:52,040  
风邪入里，它能不化热吗  
  
759  
00:32:52,840 --> 00:32:53,360  
看到了吧  
  
760  
00:32:54,160 --> 00:32:57,800  
这就是一个风邪的入里化热之象  
  
761  
00:33:01,640 --> 00:33:02,200  
头不痛  
  
762  
00:33:04,120 --> 00:33:06,400  
但凡啊，风邪入里化热  
  
763  
00:33:12,220 --> 00:33:13,300  
那么怎么治啊  
  
764  
00:33:14,460 --> 00:33:14,940  
三味药  
  
765  
00:33:16,180 --> 00:33:21,080  
黄芪苦参特点都是苦味的吧  
  
766  
00:33:21,800 --> 00:33:22,760  
苦能泻热啊  
  
767  
00:33:22,880 --> 00:33:23,560  
黄芹呢  
  
768  
00:33:23,600 --> 00:33:25,000  
苦参又可燥湿  
  
769  
00:33:25,800 --> 00:33:27,800  
所以说在这能燥湿热啊  
  
770  
00:33:29,420 --> 00:33:33,900  
清热燥湿有这个作用啊，入血粉  
  
771  
00:33:37,940 --> 00:33:40,260  
加生地黄，生地黄干什么用啊  
  
772  
00:33:42,040 --> 00:33:43,600  
生地黄俩作用我认为啊  
  
773  
00:33:43,680 --> 00:33:46,280  
第一，它本身啊就能滋养血脉  
  
774  
00:33:46,840 --> 00:33:49,760  
第二肝地黄味甘寒，主折跌绝筋吧  
  
775  
00:33:50,240 --> 00:33:51,440  
它本身能化瘀  
  
776  
00:33:51,810 --> 00:33:55,170  
产后你你有风不说，滋阴不说  
  
777  
00:33:55,290 --> 00:33:57,450  
他还要考虑有淤的问题  
  
778  
00:33:58,010 --> 00:33:59,250  
所以这张小方呢  
  
779  
00:33:59,290 --> 00:34:07,870  
其实原本就是应对产后恶露未净的时候中风受风啊  
  
780  
00:34:07,870 --> 00:34:09,790  
他很可能坐病啊  
  
781  
00:34:09,830 --> 00:34:10,750  
产生很多问题  
  
782  
00:34:10,909 --> 00:34:12,949  
比如风之类类风湿关节炎啊  
  
783  
00:34:13,409 --> 00:34:16,530  
或者一些产后的这个呃剥落的问题啊  
  
784  
00:34:16,610 --> 00:34:20,010  
哎，在这都可以用这一方一并解决啊  
  
785  
00:34:20,989 --> 00:34:22,790  
这是一个比较经典的方剂  
  
786  
00:34:25,219 --> 00:34:25,420  
好  
  
787  
00:34:25,460 --> 00:34:26,540  
我们接着往下看  
  
788  
00:34:27,330 --> 00:34:29,290  
呃，最后一张方啊  
  
789  
00:34:29,409 --> 00:34:34,969  
这一章最后一张方内部当归建中汤简称当归建中啊  
  
790  
00:34:35,989 --> 00:34:37,350  
治疗的疾病是什么  
  
791  
00:34:40,840 --> 00:34:43,600  
治妇人产后虚雷不足  
  
792  
00:34:45,270 --> 00:34:46,949  
那么后头这句话有意思  
  
793  
00:34:48,110 --> 00:34:52,920  
附中什么刺痛不止啊  
  
794  
00:34:53,360 --> 00:34:56,980  
那么说明有淤是不是啊  
  
795  
00:34:57,420 --> 00:35:01,300  
哎，说明有欲才会腹重刺痛不止  
  
796  
00:35:03,290 --> 00:35:05,450  
呃，稀稀少气啊  
  
797  
00:35:05,450 --> 00:35:06,930  
这稀稀少气怎么解释  
  
798  
00:35:11,580 --> 00:35:14,260  
这个吸啊，就是呼吸的吸  
  
799  
00:35:15,060 --> 00:35:16,500  
他为啥不说呼呢  
  
800  
00:35:19,880 --> 00:35:23,040  
呼出心与肺，吸入谁啊  
  
801  
00:35:23,550 --> 00:35:23,830  
哎  
  
802  
00:35:23,830 --> 00:35:25,350  
肝郁肾，肝与肾主下焦  
  
803  
00:35:25,870 --> 00:35:27,070  
那么下焦有淤血啊  
  
804  
00:35:27,430 --> 00:35:28,830  
他当然吸不进来啊  
  
805  
00:35:30,370 --> 00:35:34,480  
或苦少妇终极啊  
  
806  
00:35:34,520 --> 00:35:36,640  
或者是小腹小腹  
  
807  
00:35:37,400 --> 00:35:38,400  
什么叫积极  
  
808  
00:35:38,400 --> 00:35:39,800  
就是拘急疼痛啊  
  
809  
00:35:41,780 --> 00:35:45,340  
磨痛引腰背，如果你用手碰一下的话  
  
810  
00:35:45,380 --> 00:35:50,060  
他的疼痛引进就是能够牵牵扯到腰背部  
  
811  
00:35:50,570 --> 00:35:51,450  
不能食饮  
  
812  
00:35:58,500 --> 00:36:01,380  
这种状态就用当归建中汤后头有一个补充  
  
813  
00:36:01,780 --> 00:36:04,300  
叫产后1月日得服  
  
814  
00:36:04,860 --> 00:36:06,700  
四五季为善  
  
815  
00:36:08,640 --> 00:36:09,440  
令人强壮  
  
816  
00:36:10,280 --> 00:36:11,080  
呃，这呢  
  
817  
00:36:11,640 --> 00:36:13,360  
梅花本的文字并不全  
  
818  
00:36:13,800 --> 00:36:15,160  
但是说明一个问题  
  
819  
00:36:15,940 --> 00:36:20,620  
当归建中汤可以作为一张产后调养方看到了吧  
  
820  
00:36:21,250 --> 00:36:21,450  
哎  
  
821  
00:36:21,610 --> 00:36:26,370  
既能消瘀又能呃温阳补血  
  
822  
00:36:28,340 --> 00:36:29,620  
这两个作用都有  
  
823  
00:36:36,280 --> 00:36:42,620  
你看现在有很多这个现代的商业类医疗配套的产物  
  
824  
00:36:43,380 --> 00:36:45,900  
比如近几年尤其头几年特火啊  
  
825  
00:36:46,460 --> 00:36:47,860  
月子中心听说过吧  
  
826  
00:36:48,540 --> 00:36:50,620  
唉，其实真的就是月子中心啊  
  
827  
00:36:51,620 --> 00:36:53,060  
好好研究研究伤寒论  
  
828  
00:36:53,530 --> 00:36:55,010  
研究研究金匮要略啊  
  
829  
00:36:55,010 --> 00:36:56,290  
伤寒论都他都用不上  
  
830  
00:36:56,690 --> 00:36:57,490  
你就金匮要略  
  
831  
00:36:57,490 --> 00:37:02,060  
你不用全研究，你就研究产后是不是解决很多问题啊  
  
832  
00:37:02,140 --> 00:37:04,100  
解决很多问题，诶  
  
833  
00:37:04,140 --> 00:37:05,180  
那么这个你  
  
834  
00:37:05,180 --> 00:37:06,500  
你想想，他温了羊  
  
835  
00:37:07,500 --> 00:37:07,780  
呃  
  
836  
00:37:09,330 --> 00:37:09,890  
补了血  
  
837  
00:37:11,620 --> 00:37:11,980  
对吧  
  
838  
00:37:12,180 --> 00:37:14,660  
他这几个关键问题他都给你调和了  
  
839  
00:37:15,980 --> 00:37:18,460  
甚至连奶水化盐问题他都解决了  
  
840  
00:37:19,660 --> 00:37:21,900  
所以用这个方叫当归见证汤  
  
841  
00:37:24,020 --> 00:37:24,460  
嗯  
  
842  
00:37:25,870 --> 00:37:26,710  
综上所述  
  
843  
00:37:27,130 --> 00:37:29,730  
这个单位健仁汤症里头其实就俩事  
  
844  
00:37:30,570 --> 00:37:31,850  
一个是虚，一个是虚  
  
845  
00:37:32,050 --> 00:37:33,170  
俩字就说明白了吧  
  
846  
00:37:33,810 --> 00:37:34,010  
哎  
  
847  
00:37:34,010 --> 00:37:35,450  
一个是虚，一个是虚  
  
848  
00:37:40,260 --> 00:37:41,260  
他的脉象呢  
  
849  
00:37:41,300 --> 00:37:45,980  
相对来说吧，呃两寸脉也是要比较虚弱的啊  
  
850  
00:38:01,460 --> 00:38:03,260  
方，呃整个方的结构  
  
851  
00:38:03,980 --> 00:38:06,500  
黄芪建中汤去黄芪  
  
852  
00:38:09,980 --> 00:38:11,140  
或者我不是这么说  
  
853  
00:38:11,140 --> 00:38:13,100  
就黄芪健仁汤黄芪换成了当归  
  
854  
00:38:13,850 --> 00:38:15,210  
这么说比较明白了对吧  
  
855  
00:38:15,850 --> 00:38:19,130  
或者叫小建中去宜堂加当归  
  
856  
00:38:23,980 --> 00:38:26,580  
单纯从方子结构上就是桂枝汤加当归  
  
857  
00:38:27,530 --> 00:38:30,010  
但是为什么我们要强调建中  
  
858  
00:38:30,410 --> 00:38:32,530  
因为芍药的量不一样  
  
859  
00:38:33,210 --> 00:38:34,890  
建中的芍药多大量呢  
  
860  
00:38:35,900 --> 00:38:37,140  
所以他就是当鬼  
  
861  
00:38:37,380 --> 00:38:38,700  
就是建忠，知道吧  
  
862  
00:38:39,220 --> 00:38:39,900  
就是建中  
  
863  
00:38:42,460 --> 00:38:43,340  
它是翻倍的  
  
864  
00:38:46,040 --> 00:38:47,560  
呃，为什么用这个方呢  
  
865  
00:38:47,560 --> 00:38:48,280  
原因很简单  
  
866  
00:38:49,440 --> 00:38:51,120  
加当归则能补营气  
  
867  
00:38:51,880 --> 00:38:53,520  
由于产后产后呢  
  
868  
00:38:54,000 --> 00:38:55,120  
防止它有滞色  
  
869  
00:38:55,240 --> 00:38:58,870  
因此去掉疑糖的肝逆是不是啊  
  
870  
00:38:59,030 --> 00:38:59,230  
哎  
  
871  
00:38:59,350 --> 00:39:01,430  
去掉它的，防止它引起瘀滞  
  
872  
00:39:02,840 --> 00:39:03,040  
呃  
  
873  
00:39:03,120 --> 00:39:04,120  
在此基础之上  
  
874  
00:39:04,120 --> 00:39:07,560  
后头有有有，这个加位若大虚  
  
875  
00:39:07,720 --> 00:39:08,960  
假如这个人虚的严重  
  
876  
00:39:09,120 --> 00:39:11,400  
那你就灵活点位移堂，该加加呀  
  
877  
00:39:13,060 --> 00:39:13,940  
加一堂  
  
878  
00:39:15,380 --> 00:39:17,300  
基本上你看我过去就有一个论断  
  
879  
00:39:18,140 --> 00:39:18,300  
呃  
  
880  
00:39:18,300 --> 00:39:20,220  
我说他这个鱼塘得跟谁看齐啊  
  
881  
00:39:20,700 --> 00:39:21,500  
得跟芍药吧  
  
882  
00:39:21,500 --> 00:39:23,300  
我以前给大家讲过很多回  
  
883  
00:39:24,010 --> 00:39:25,410  
在这儿也合上了啊  
  
884  
00:39:25,450 --> 00:39:27,290  
他这用一堂就用的是六两  
  
885  
00:39:30,260 --> 00:39:33,100  
汤成纳之啊，这个就是样化的作用  
  
886  
00:39:34,300 --> 00:39:35,780  
若去血过多  
  
887  
00:39:35,860 --> 00:39:37,540  
假如啊失血  
  
888  
00:39:38,700 --> 00:39:39,780  
失血的话咋办  
  
889  
00:39:41,820 --> 00:39:44,980  
崩伤内虐不止啊，这个呃  
  
890  
00:39:45,060 --> 00:39:51,610  
逆血这种问题加地黄六两  
  
891  
00:39:51,770 --> 00:39:52,450  
阿胶二两  
  
892  
00:39:52,570 --> 00:39:55,940  
实际这个地黄阿胶这个组合，呃  
  
893  
00:39:56,060 --> 00:39:57,980  
就是在临床吧  
  
894  
00:39:58,500 --> 00:40:02,810  
咱们用于治疗这个失血过多啊用的额  
  
895  
00:40:03,130 --> 00:40:06,290  
后头说一句话，假如无当归怎么办  
  
896  
00:40:06,410 --> 00:40:09,000  
用胸琼代之，兄  
  
897  
00:40:09,040 --> 00:40:10,840  
雄以川帝最为道弟  
  
898  
00:40:11,040 --> 00:40:13,600  
我们今日多称之为川兄啊  
  
899  
00:40:14,080 --> 00:40:17,920  
就是这个主方，假如没生姜的话  
  
900  
00:40:18,080 --> 00:40:19,200  
干姜代滞哈  
  
901  
00:40:19,520 --> 00:40:21,960  
这就是它的一个基本的加减，呃  
  
902  
00:40:21,960 --> 00:40:22,720  
那到这儿呢  
  
903  
00:40:22,720 --> 00:40:26,280  
咱们产后的问题给大家也就说完了  
  
904  
00:40:26,320 --> 00:40:28,280  
今天聊了这么多处方  
  
905  
00:40:28,640 --> 00:40:29,480  
下次课呢  
  
906  
00:40:29,600 --> 00:40:32,440  
咱们讲妇人杂病，杂病  
  
907  
00:40:32,440 --> 00:40:36,560  
讲完我们金贵的所有全本金匮要略，呃  
  
908  
00:40:36,760 --> 00:40:38,120  
就说完了  
  
909  
00:40:39,210 --> 00:40:41,490  
咱们下次课再见同学们啊